WELCOME, kindergarten families!

I am thrilled to have your child join us in kindergarten this upcoming school year! Students can look forward to an exciting year ahead filled with friendship, learning, and so much FUN!

Please review the following in preparation for the upcoming school year. Should you have any questions, please contact me via phone at (204) 835-2083 or email at tbillett@trsd.ca

Classroom reminders and updates

Classroom communications will be shared with families via the Seesaw Family App. When there are new posts about important information and events you'll be notified and can see what's new!

Arrival and dismissal

Our school day begins at 8:52 each morning. Students may arrive any time after 8:35, and proceed directly to the kindergarten classroom.

At day's end bus students are dismissed at 3:30, followed by town students once all buses have departed.

Bus changes

Please contact me via email or phone the school office if your child will not be riding the bus at day's end. Verbal instructions to your child must be accompanied by contact with the school to avoid confusion (and tears)!

Snacks and lunch

McCreary School is nut safe. Nut products are not permitted. Microwaves will be available during the lunch period only.

Reusable water bottles

Please fill your child's reusable water bottle at home each morning, before sending it to school.

Toys from home

Toys from home are not permitted.

Thank you for your anticipated support, and I look forward to an AMAZING school year!

Mrs. Billett



TURTLE RIVER SCHOOL DIVISION STUDENT REGISTRATION FORM Entry Date: _____ **OFFICE USE** Month/Day/Year **DATE** SCHOOL MET NO. STUDENT NO. Information to be entered by Student's Parents/Guardians - PLEASE NOTIFY SCHOOL IF ANY INFORMATION CHANGES **STUDENT INFORMATION (Please Print)** Please fill in and return to the school as soon as possible. Legal Last Name Birth Date: Month/Day/Year Verified \square Type of Identification: First Name Second Name Name Known by Languages(s) Spoken at Home: English Oji-Cree French Other (please list Current <u>or</u> Last School Attended: _____ Division: School's Address: School's Phone No: _____ Last Grade Completed: Grade Registering In: Treaty Number: Band Name: STUDENT MAILING ADDRESS Apt. No. /Street: Community/Town/Village/City: P.O. Box No: _____ Postal Code: _____ Student Email Address: _____ Home Phone: Cell Phone: Other Phone:

Section/township/range Bus Driver: (if known)

STUDENT REGISTRATION FORM 'continued' Page 2 PARENT/LEGAL GUARDIAN AND CONTACT INFORMATION ☐ Joint Other (please note) Legal Custody ☐ Mother Legal Custody (only if applicable) ☐ Father ☐ Guardian Agency (please note) Parent or Legal Guardian Student lives with Parent or Legal Guardian ☐ Student also lives with Relation to Student: Relation to Student: Last Name Last Name First Name First Name Address if different from above: Address if different from above: City/Prov. _____ Postal Code _____ City/Prov. ______ Postal Code _____ Home Phone Home Phone _____ Cell/Other Phone Cell/Other Phone Email ____ Email Employer: Employer: Work Phone Ext. Work Phone _____ Ext. ____ **EMERGENCY CONTACT** (if parent/guardian cannot be reached) Relation to Student: Relation to Student: Last Name Last Name First Name First Name____ Address if different from above: Address: City/Prov. _____ Postal Code ____ Home Phone _____ City/Prov. Postal Code Home Phone Cell/Other Phone Cell/Other Phone Email Work Phone Ext. Email Email Employer: ____ Work Phone Ext. **EMERGENCY BILLET** - Name of town billet (friend or relative that lives in town where child can stay in case of a storm: _____ Phone No. _____ <u>FAMILY – Pre-School/School Age Siblings</u> Name: Gr. School Age Name: _____ Gr. ___ School _____ Age____ Name: _____ Gr. ___ School ____ Age____ Name: _____ Gr. ___ School ____ Age____ Name: Gr. School Age

STUDENT REGISTRATION FORM 'continued' Page 3	
MEDICAL INFORMATION	
Manitoba Health Registration NoPersonal Health I.D. No	
Health Concerns/Allergies:	
Family Doctor: Phone:	
INDIGENOUS IDENTIFICATION DECLARATION	
Indigenous Identity Declaration Authorization and Statement of Understanding Indigenous Identity Declaration helps to support the efforts of Manitoba Education and Training and school divisions to plan and improve programs in a way that is responsive to Indigenous learners. (Providing this personal information is voluntary and optional. It is being collected in compliance with section 36(1)(b) of The Freedom of Information and Protection of Privacy Act as it is necessary for and relates directly to the activity of Manitoba and school divisions to plan, deliver and improve programs.)	
 I,	
 2. Is your child an Indigenous person, that is, First Nation (North American Indian), Métis, or Inuk (Inuit)? Note: First Nations (North American Indian) include Status and Non-Status Indians If "Yes", mark the square(s) that best describe(s) your child now: Yes, First Nation (North American Indian) Yes, Métis Yes, Inuk (Inuit) 	
 3. Which best describes your child's Indigenous cultural-linguistic identity? Please select up to two choices: Anishinaabe (Ojibway/Saulteaux) Ininiw Dene (Sayisi) Dakota Oji-Cree Michif Inuktitut Other-please specify: Other-please specify: 	

IDENTIFICATION OF CHILDREN THAT ARE ELIGIBLE FOR URIS GROUP B HEALTH CARE SUPPORT

Unified Referral and Intake System (URIS)

The Unified Referral and Intake System (URIS) is a provincial program that assists community programs in providing a safe and supportive environment for children with special health care needs. It is managed by an interdepartmental committee that includes representatives from the Departments of Health, Healthy Living and Seniors, Family Services and Education and Advanced Learning, with input from others with appropriate expertise.

Classification of Health Care Needs

URIS provides a standard means of classifying the complexity of health care needs/interventions and establishes the level of qualification required by staff that supports the child.

- Group A health care procedures that are complex and must be performed by a registered nurse.
- **Group B** health care needs that can be delegated to non-health-care personnel that are trained and monitored by a registered nurse.

Identifying a child with URIS Group B health care needs

It is the community program's responsibility to identify children that have a URIS Group B health care need(s).

Individual Health Care Plans (IHCP)

An Individual Health Care Plan (IHCP) is completed when the child is eligible for one or more of the following URIS Group B health care needs.

Please indicate $(\sqrt{\ })$ all health care needs that apply to your child:
□ Anaphylaxis
□ Asthma
☐ Bleeding disorder
☐ Cardiac condition
☐ Clean intermittent catheterization
□ Diabetes
☐ Endocrine Conditions
☐ Gastrostomy care
☐ Osteogenesis imperfecta
☐ Ostomy care
□ Pre-set oxygen
☐ Seizure disorder
☐ Suctioning (oral/nasal)
If you have checked any of the above health care needs, the school will provide you with information on services available from the Unified Referral and Intake System (URIS).

Helpful Tip

If a doctor has not prescribed medication for asthma (i.e. reliever medication) or anaphylaxis (i.e. adrenaline auto-injector), the child is NOT eligible for URIS Group B service. The child must also bring this medication to community program to be eligible for URIS Group B support.

STUDENT REGISTRATION FORM 'continued' Page 5 INFORMED CONSENT (MEDIA, STUDENT WORK, ELECTRONIC COMMUNICATION, AND COMPUTER AND INTERNET USAGE) **ELECTRONIC COMMUNICATION – Student usage of division email and sharing of information** through email (e.g. Newsletters, etc.) As students complete activities and assignments, they are expected to submit and communicate electronically with email. Email is an important 21st century skill that students need to learn to use effectively in order to prepare them for the world. Being efficient in using email as a form of electronic communication is expected of students in our schools. Students are required to be able to submit work and communicate using email. The division is able to provide students with an email for educational use. Students are obliged to follow the division policy regarding the "proper usage" of division email and may be required by teachers to use as a way of submitting work and assignments. I GIVE CONSENT I DO NOT GIVE CONSENT As a parent/guardian I allow schools and the division to communicate with me electronically. The electronic distribution (email) of newsletters, school updates and announcements regarding division and school activities, events and news (including fundraising and promotions). I GIVE CONSENT I DO NOT GIVE CONSENT to receive information electronically and will provide my email below. Email address: MEDIA – Television, Radio, Internet Media, and Divisional Video Productions As your child grows and learns, they will have the opportunity to participate in many amazing activities and experiences in our schools. We would like to share these positive experiences with the broader community by inviting journalists and other members of the media to visit our schools. Photographs, videotaping or interviews are allowed at schools only with the permission of the principal. I GIVE CONSENT I DO NOT GIVE CONSENT for my son/daughter (or myself as an adult student) being photographed, videotaped/recorded or interviewed by the media.

STUDENT REGISTRATION FORM

COMPUTER and INTERNET USAGE –Student Usage of School Computers for completing school work and the Usage of the Internet for Research and Educational Purposes

Turtle River School Division recognizes the educational benefits of computer technology and internet access. Technology is promoted as a valuable instructional learning tool that enhances the ability of teachers to provide new and exciting learning opportunities for students. Students are supervised while using computers, the Internet, and any Information and Communication Technology (ICT). Students are taught the necessary skills to use technology and the internet in a proper manner.

I understand and will follow the guidelines as set in the division policy and school handbooks in regards to the Appropriate Use of Computers and Communication Devices. This includes the use of the Internet; including social media, text messaging and instant messaging and other forms of online communication and sharing platforms and resources that are provided by the Turtle River School Division networked computers. Access to computers and the Internet is for educational purposes as set out in the Turtle River School Division Policy. I further understand that should I commit any violation, my access privileges may be revoked and disciplinary action and/or appropriate legal action may be taken as deemed necessary. As the parent/guardian of the student, I have read the regulations for the Appropriate Use of Information Communication Technology (ICT) and the Use of Personal Communication Devices.

I GIVE CONSENT	_I DO NOT GIVE CONSENT					
for my son/daughter (or myself as an adult student) to use school computers, have access to the internet, and use any of their own personal devices.						
Print Name of Parent/Legal Guardian:						
Date:	Signature of Parent/Guardian:					
Signature of Student (Grade	s 7-12 Only):					

STUDENT WORK, PHOTOGRAPHS, and SCHOOL PROMOTION – Publish and Display (School Display, School Newsletters, Newspapers, Division/School Webpages and Social Media)

Our school would like to share information and communicate with parents/guardians by highlighting the school; students and student work or activities in a variety of publications and/or **Division organized or sponsored event(s)**. It will allow us to share with you the parent/legal guardian about some of the highlighted activities, work and projects your child is participating in at school. This will also showcase our school to the community and general public. Some examples of sharing include but are not limited to:

- Publication of their work (referenced appropriately) in school and division publications as printed or posted on division/school websites (e.g. Writing compilations, submission for contests, modelling and sharing in schools, other educational purposes, etc.).
- School or Division publications (newsletters, articles, webpages, community reports, etc.)
- Local newspaper submitted articles
- Sharing on division social media platforms (e.g. Twitter, Facebook)
- Displayed work in schools and the division office (in the hallways, classrooms, and at various presentations and events)
- * Please note: Student photographs posted to Turtle River School Division websites will not identify students by full name (only first name)

I GIVE CONSENT	I DO NOT GIVE CONSENT

to the Turtle River School Division to publish or show my child's, or my (as an adult student) photographs, name, grade, school and samples of my or my child's work in various publications and/or **at a Division organized or sponsored event**. I understand that photographs of students posted to the school or Turtle River School Division website will not identify students by full name.

Date:	Signature of Parent/Guardian:

This personal information is being collected under the authority of The Public Schools Act for School related purposes. It is protected by the Protection of Privacy provisions of the Freedom of Information and Protection of Privacy Act and the Personal Health Information Act. If you have any questions about the collection, please contact your school principal.

REQUEST FOR BUS TRANSPORTATION

The Public Schools Act requires school divisions to provide transportation to all students living within their division boundaries. There are occasions where some students wish to attend schools in another division. In order to address the transportation of these students in adjoining divisions Turtle River School Division has adopted the enclosed policy. This policy is intended to provide educational services in the most cost effective manner for the taxpayers of Manitoba. ******************************* Please complete this form and return to: Transportation Department **Turtle River School Division** Box 309 McCreary, MB ROJ 1B0 Parents'/Guardians' Names Name of Student(s) Birthdate Grade Does your child have any health care needs that the bus driver needs to be aware of? (eg, allergies, asthma, heart condition, bleeding disorder, seizures, medication, etc.) Any special information or concerns the bus driver should be aware of: ______ Mailing Address: ______ Phone Number(s): Land Location of Residence: ___ Sec. / Twp. / Rge. OR Street Name & House # Requesting Transportation to ______ School. Requested date for transportation to begin: _________________ Reason(s) for Requesting Transportation: _____ Signature of Parent/Guardian: ______ Date: _____ OFFICE USE ONLY: ______ Approx. Pick-up Time _____ AM Bus Driver: _____ Transfer Bus Driver: ______ Approx. Drop-off Time _____

To be completed by the Doctor:		
Name:	Birth Date:	
Address:	School	
Father:	Mother:	
Physician:		
Medical History:		
Allergies / Asthma:		
Frequent colds / Ear Infections:		. <u></u>
Convulsions / Fainting Spells:		
Physical Examination: (Significant I	Findings)	
Head and Neck		
Chest		
Abdomen		
Arms & Legs		
Nervous System		
Laboratory		
Immunizations - up to date?		
Significant medical findings that the		
(Special conditions, handicaps, etc.)		
Medication:		

Date: ______ Signature: ______ M.D.



McCreary School

Box 220 McCreary, Manitoba R0J 1B0 Telephone – 204-835-2083 Fax-204-835-2660



Mr. Jason Nadeau- Principal jnadeau@trsd.ca

Dear Parents,

Please be advised that the Department of Education and Training require that families provide school officials with one piece of valid identification as proof of age/eligibility at the time a student registers for school. Acceptable forms of identification include any of the following:

- Birth Certificate
- Baptismal Certificate
- Certificate of live birth
- Health card
- Statutory declaration

Thank you for providing these documents.



RESPONSIBILITY OF FAMILIES

- Inform the community program of any medical or special health care needs of your child.
- Complete the URIS Group B Application form provided by the community program.
- Talk with the URIS Nurse to develop your child's individual health care plan for the community program.
- Sign your child's completed health care plan for use at the community program.
- Inform the staff at the community program as well as the URIS nurse of ANY changes to your child's health information at any time.

FOR MORE INFORMATION OR TO APPLY FOR URIS SUPPORT, CONTACT YOUR COMMUNITY PROGRAM





Date of Issue: April 2014
Date of Revision: May 2014
Document #: PMH149





UNIFIED
REFERRAL AND
INTAKE SYSTEM
(URIS)
A GUIDE FOR
PARENTS

www.prairiemountainhealth.ca

Unified Referral and Intake System (URIS)

The URIS program supports children who require assistance with health care needs while attending community programs including schools, licensed child care facilities, respite services, and recreation programs within Prairie Mountain Health.

With your assistance, the URIS Nurse will complete an Individual Health Care Plan for your child.

This Health Care Plan outlines your child's health history and the necessary interventions to support your child's health care needs while attending the community program.

The URIS Nurse will train the community program staff for procedures specific to your child's health care need (e.g. how to administer an inhaled medication to a child with Asthma).

URIS training supports schools, licensed child care facilities, recreation programs and respite services personnel to respond to your child's specific health care needs and emergencies.

Prairie Mountain Health URIS Program partners with Manitoba health care professionals to ensure your child is receiving the best support available.





Health Care Conditions (Group B)

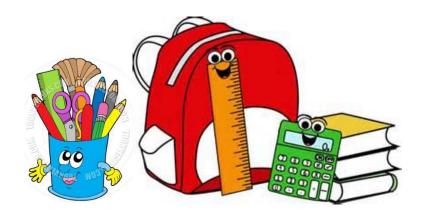
Health care procedures may be safely delegated to non-healthcare personnel when the child's health status is stable and response to the procedure is predicable. Non-healthcare personnel must receive training and ongoing monitoring by a URIS Nurse. The URIS program may provide support for the following conditions:

- Life-threatening Allergy (anaphylaxis)
- Asthma (when medication is present at the community program)
- Seizure Disorder
- Diabetes
- Cardiac Condition
- Bleeding Disorder
- Steroid Dependence
- Osteogenesis Imperfecta (brittle bone disease)
- Gastrostomy Care and Feeding
- Ostomy Care
- Clean Intermittent Catheterization (IMC)
- Pre-set Oxygen
- Suctioning (oral and/or nasal)
- Administration of Medication

Kindergarten School Supply List 2023/24 Mrs. Billett

Please label all items:

- □ Backpack
- □ **No-lace** indoor running shoes
- □ Lunch kit
- ☐ Reusable water bottle
- ☐ A change of clothes, to be stored at school
- □ \$45 for classroom supplies, to be paid the first day of school (If writing a cheque, please make it payable to McCreary School Fund)



Declare your child's Indigenous Identity





Why Declare?

- Your declaration helps school divisions enhance services and supports for Indigenous students.
- Providing this personal information is voluntary and optional. Information collected through IID is protected under *The Freedom of Information and Protection of Privacy Act (FIPPA)*.





Contact Information

For more information about the Indigenous Identity Declaration, please contact your child's school office or the Indigenous Inclusion Directorate at **204-945-1416** or Toll Free in MB at **1-800-282-8069** (ext. 1416).





Declare your child's Indigenous Identity

Questions and Answers for Parents and Guardians

1. What is Indigenous Identity Declaration?

Indigenous Identity Declaration (IID) is an opportunity for parents/guardians of Indigenous students to declare their child's Indigenous identity within Manitoba's Kindergarten-Grade 12 provincial school system usually at time of registration. IID information received from parents/guardians is entered into a database by the school office and is then reported yearly to the Department of Manitoba Education and Training.



2. Why are Indigenous students being asked to declare their ancestral/cultural background?

IID helps direct resources to Indigenous students to help them succeed. Manitoba Education and Training is committed to supporting the academic success of Indigenous students. Your declaration helps school divisions enhance services and supports for Indigenous students. By declaring, your child (children) receives the appropriate support and programming they may need.

3. Statistics Canada collects this information. Why are parents/guardians being asked to provide information to the school?

Aboriginal identity refers to whether the person reported identifying with the Aboriginal peoples of Canada. This includes those who reported being an Aboriginal person, that is, First Nations (North American Indian), Métis or Inuk (Inuit) and/or those who reported Registered or Treaty Indian status, that is registered under the Indian Act of Canada, and/or those who reported membership in a First Nation or Indian band. Aboriginal peoples of Canada are defined in the Constitution Act, 1982, Section 35 (2) as including the Indian, Inuit and Métis peoples of Canada. The key data sources for statistics on Aboriginal people comes from the Census, which collects information on the language spoken at home, mother tongue and knowledge of language

IID provides accurate and detailed school level information and is recorded by schools and reported yearly to Manitoba Education and Training. Additionally, this information is combined to give a school division and provincial summary. Information collected through IID is protected under *The Freedom of Information and Protection of Privacy Act (FIPPA)*.

4. I'm a First Nation member and my partner is Métis. Which box do we check?

For families that have multiple ancestral/cultural elements, choose what is most relevant for your family. For more detail, please see the IID identifier descriptions provided on the website at www.edu.gov.mb.ca/aed/abidentity.html.

5. I know I'm Indigenous but I don't speak any Indigenous languages. Do I still check any boxes?

YES. The linguistic identifiers refer to ancestral/cultural identity, NOT your ability to speak a specific Indigenous language. Select the identifier(s) that best reflect your identity. If you are still unsure what to choose, you can check the "Other" linguistic category, and write "uncertain" in the space provided.





- 6. My child is adopted and Indigenous, while our family is not Indigenous. Which box do I check? Check the box most appropriate for your child's Indigenous identity. For more details, please see the IID descriptions provided or visit edu.gov.mb.ca/aed/abidentity.html.
- 7. I moved to Manitoba from another province and my language/culture identifier is not on the IID list. Which box do I check?

As the list of languages spoken by Indigenous people in North America is quite large, the IID uses the majority of the languages spoken in Manitoba. If your language is not listed, please check the box labelled "Other". Then you may indicate the language(s) spoken in the space provided (if known, write the language, or if unknown, write "uncertain").

8. There are so many languages to choose from and my language choice is spelled differently than I remember it being spelled. Are they likely the same?

Yes. They can be considered the same for the purposes of the IID. There are many different ways of spelling the major language groups. As an example, the word Ojibwe can be spelled, Ojibway and Ojibwa. The same can be said of Inuktituq. It can also be spelled as Inuktitut. Both are considered to be the language spoken by the Inuit people.

9. I've already declared my child a couple of years ago. Do I need to declare my child every year? No. If you have declared your child in the past, you won't need to declare your child every year.

The school office will provide IID information to parents/guardians every year as Indigenous identity is not assumed. Also, sometimes the information parents/guardians provide the school may need to be updated, such as if a child is new to the provincial school system, or if changes were made to the list of IID identifiers. If your child is new to the provincial school system, or if you

need to make a change to the declaration you had previously provided for your child, then a declaration form can be obtained from your child's school office

at any time.

10. We've moved to a different school in a different school division. Do I need to declare my child again?

No. If parents/guardians have declared their child's Indigenous identity in the past, the declaration information will remain in the database throughout the child's education in the Manitoba K-12 provincial school system.

11. I've registered and/or they know my Indigenous identity at a First Nations school. Do I still need to identity at a provincial school?

Yes. Your Indigenous identity may not be provided by the First Nations school where you attended. We are asking that you please self-identify when registering at a provincial school.

12. Will my band lose funding for schools in my home community if I self declare my child in a Manitoba public school?

By self declaring your child or children your home band or community will not lose any funds. Public school funding and federal schools funding is not connected or related in any way to self declaring your child or children and will not result in any lose of funds.



Frequently Asked Questions

I'm a First Nation member and my partner is Métis. Which box do I check?

For families who have multiple ancestral/cultural backgrounds, choose what is most relevant for your family. For more details, please see the IID descriptions provided or visit edu.gov.mb.ca/aed/ abidentity.html.

I'm Indigenous but I don't speak any Indigenous languages. Do I still check any boxes?

YES. The linguistic identifiers refer to ancestral/ cultural identity, NOT your ability to speak a specific Indigenous language. Select the identifier that best reflects your identity.

My Indigenous child is adopted but our family is not Indigenous. Which box do I check?

Check the box most appropriate for your child's Indigenous identity. For more details, please see the IID descriptions provided or visit edu.gov. mb.ca/aed/abidentity.html.

I moved to Manitoba from another province/state and my language is not on the IID list. Which box do I check?

IID lists the majority of the languages spoken in Manitoba. If your language is not listed, check the box labeled "other". You may then indicate the language spoken in the space provided or, if unknown, select "uncertain".

There are so many languages to choose from and my language is spelled differently than those listed. Are they likely the same?

Yes, they are likely the same. There are various ways of spelling the major language groups. For example, Ojibwe can also be spelled Ojibway or even Ojibwa. The same can be said of Inuktituq. It can also be spelled Inuktitut. Both are considered the language spoken by the Inuit.

I declared my child's Indigenous identity a couple of years ago. Do I need to declare my child every year?

No. The IID declaration form is provided to parents or guardians every year the child is enrolled in the Manitoba provincial school system. However, if you have already declared your child in a previous year, you do not need to declare your child again.

If your child is new to the provincial school system, or if you need to make changes to the declaration, you can obtain a declaration form any time from the school office.

We've moved to a different school/school division. Do I need to declare my child again?

No. If you have already declared your child in a previous year, you do not need to declare your child again. Your child's information will remain in the database throughout the child's education in the Kindergarten to Grade 12 provincial school system.

Contact Information

For more information about the Indigenous Identity Declaration, please contact your child's school office or the Indigenous Inclusion Directorate at:

Indigenous Inclusion Directorate 510 Selkirk Ave

Winnipeg, MB R2W 2M7 Phone: 204-945-1416

Toll Free MB: 1-800-282-8069

Ext. 1416

Email: richard.perrault@gov.mb.ca

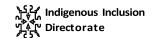
Declare your child's **Indigenous Identity**



Indigenous Identity Declaration:

A Guide for Parents and Guardians







Manitoba Education and
Training is committed toward
excellence in Indigenous
education, a key component of
public education. Indigenous
Identity Declaration (IID)

provides parents and guardians of Indigenous students the opportunity to declare their children's Indigenous identity within Manitoba's school system. The term Indigenous comprises Canada's First Peoples within the boundaries of present-day Canada and includes Métis peoples. Providing IID information is voluntary.

Why Declare?

IID helps direct programs, resources and services to Indigenous students

Manitoba Education and Training is committed to supporting the academic success of Indigenous students. Your declaration helps school divisions enhance services and supports for Indigenous students. By declaring, your child (children) receives the appropriate support and programming they may need.

IID information is accurate and secure

IID provides accurate and detailed school level information and is recorded by schools and reported yearly to Manitoba Education and Training. Additionally, this information is combined to give a school division and

provincial summary. Information collected through IID is protected under The Freedom of Information and Protection of Privacy Act (FIPPA).

Identifier Descriptions

After extensive engagement with Indigenous groups across Canada, Statistics Canada has proposed a standard approach to collecting Indigenous Identity information in Canada.

The following descriptions are applicable when completing the Indigenous Identity Declaration:

- ABORIGINAL Section 35 (2) of Canada's Constitution Act 1982 defines "Aboriginal" as Indian [First Nation], Inuit and Métis peoples of Canada.
- FIRST NATION— (North American Indian) Indigenous people who identify as First Nation include registered/status/treaty and non-status/ non-treaty Indians. (ex: the Dakota people of Manitoba who do not have treaties with the Crown may still identify as First Nations people.) First Nations people identify with the nation to which they belong. There are five First Nations cultural and language groups in Manitoba Cree, Ojibway, Dakota, Dene and Oji-Cree.
- **METIS**—people of mixed First Nation and European or Canadian ancestry identify as Métis people.
- INUIT—people of Arctic Canada (primarily Churchill in Northern Manitoba, Nunavut, Northwest Territories, Northern Labrador, Northern Quebec and Northern Manitoba). Identify as Inuit.

Language/Cultural Identifiers

The following descriptions for the distinct groups in Manitoba may help when completing the Indigenous Identity Declaration

• ANISHINAABE (Ojibway/Saulteaux) — This refers to

people of the Algonquian language family who identify with Odawa, Ojibwe/Ojibway/ Saulteaux and Chippewa.

- ININEW (Cree) This refers to people of the Algonquian language family who identify with Cree dialects (Swampy Cree/Ininimowin, Woods Cree/Nihithawiwin and Plains Cree).
- **DENE** (Sayisi) This refers to people of the Athapaskan language family who identify with the distinct groups of Dene (T'Suline Dene and Sayisi Dene).
- **DAKOTA** This refers to people of the Siouan language family who identify with Assiniboine, Dakota, Lakota and Nakoda.
- OJI-CREE This refers to people whose language and culture come from mixed Ojibwe and Cree traditions, but are generally considered a distinct nation from either of their parent groups. They are considered one of the component groups of Anishinaabe, and reside primarily in a transitional zone between traditional Ojibwe lands to their south and traditional Cree lands to their north (in northeastern Manitoba, this refers to the Island Lake region).
- **MICHIF** This refers to people of the Métis Nation who may speak the Michif language which is a mixed Cree or Ojibway and French.
- INUKTITUT- This refers to people of distinct Inuit language families (Inuvialuktun, Inuvinnaqtun, Inuittitut, and Inuttut).
- OTHER (please indicate if not on the list above) This refers to Indigenous people who do not identify with any of the above linguistic/cultural descriptions in Manitoba (e.g. an Indigenous person from another province who does not identify with the above descriptions distinct to Manitoba may declare as Other, for example Mohawk).



Is your child ready for Kindergarten?

Kindergarten may be the first big step beyond the home for your child and you! It may be the first time your child will face a routine. It may also be the first time your child will be with other children for an entire day.

What will your child need to know for that first time at school? Here are some suggestions:

- 1. **How to listen and follow directions.** Directions can be taught at home by always calling your child by name and having him or her follow two- or three- step instructions, such as "Laura, get the crackers and put them in a bowl, please."
- 2. **Location words.** Words such as "on, under, in, out, beside, behind, in front" can be taught in many everyday activities. For example, "Look under your bed."
- 3. **Size and shape words**. Words such as "big, little, tall, and short" or "circle, square, and triangle" are important details in many conversations. For example "I want the blue shirt." or "I cut a square."
- 4. *Time and quantity words.* A family calendar helps your child to learn about the "number of sleeps" before an event. Counting cutlery while setting the table, or counting the number of shoes in the closet, are some ideas for learning quantity. Other examples are, "Let's put more gas in the car." "We ate all the potatoes."
- 5. **Colour and description words.** Introduce one colour at a time when your child is first learning colours. Try using colours to describe objects of interest to your child. Teach textures with a touch-and-feel book. You can also ask your child to compare the textures of different objects found in your house.

Together, you can make a scrapbook of your child's new words. The scrapbook will help your child learn by encouraging him or her to use these new words in his or her everyday life.

The First Day at School

Your child's first day at school will be very exciting, but possibly frightening. Knowing how to do the following activities will make that first day much easier:

- 1. Telling an adult his or her first and last name, and his or her parents' names.
- 2. Telling an adult his or her phone number and address.
- 3. Knowing the way to school or what bus to get on.
- 4. Printing his or her name.
- 5. Tidying up toys after playing with them.
- 6. Clearing his or her dishes from the table.
- 7. Going to the bathroom, flushing the toilet and washing his or her hands.
- 8. Putting on his or her shoes and tving the shoelaces.
- 9. Taking off his or her sweater or jacket, and then putting it back on, and zipping or buttoning it.
- 10. Listening quietly while someone reads.

Reading Skills

Although your child is not expected to be able to read when he or she gets to kindergarten, you can teach your child some reading skills that will make it easier to learn to read. Here are some basic ideas:

- Your child should be able to recognize rhyming words, and play rhyming games with you. Reading books with lots of rhymes is a good way for your child to learn about rhyming.
- 2. Your child should be able to recognize some letters, such as the beginning letter of his or her name, or the first letter of some familiar words.
- 3. Your child should be able to "read" some short stories, for example repeating a favourite story as you read it or telling you a personal version of the story as you flip through the book.
- 4. Your child should recognize the front and back of a book, and have it right side up when he or she reads.

For more information, contact the Manitoba Speech and Hearing Association.

Things for You to Do Before Kindergarten Begins

July:

- Make a sandwich and cut it into 4.
- o Pull 10 weeds.
- o Print your name.
- Count the beds in your house.
- Look for a lady bug.
- o Find your hips, knees, ankles, elbows, waist, and wrist.
- o Name 4 things larger than a table.
- o Help fold the towels and put them away.
- Name all the things you would take on a picnic.
- Count the stones you put into your sand pail.
- Trace your hands.
- o Help Mom or Dad post a letter.
- o Skip across the yard.
- Draw a circle, triangle, and a square.
- Sing the alphabet song.

August:

- Get dressed by yourself.
- o Ask for an old blanket and make a tent.
- o Cut out pictures of food you like from an old magazine.
- o Make your bed.
- o Draw a picture of the people you love.
- Help Mom or Dad put away the groceries.
- o Count 20 pennies.
- o Get Mom or Dad to dump out the cutlery drawer so you can sort.
- o Set the table for supper.
- Name 10 things smaller than a book.
- o Phone a friend.
- o Learn your telephone number and address.
- o Learn your birthday.
- Count all the days until school starts.
- o Cut out yellow things from a magazine.
- o Plan what you are going to wear for the first day of school.





Ready, Set, Go!

Your child is learning the skills needed for Kindergarten long before the first day of school. It is never too early – or too late – to help your child gain the physical,

social, emotional, literacy, numeracy and communication skills they will need. This booklet will show you how to give your child the best start for school.



Art and Music

Introduce preschoolers to the world of art and music and they will gain creativity, independence and confidence.

- Art supplies such as crayons, pencils, children's scissors, glue, scrap paper and old magazines provide preschoolers with the tools to create their own masterpieces.
- Expose preschoolers to the many beautiful kinds of music. Encourage them to create their own music and dances with bells, drums and shakers.





Different Cultures and Traditions

Expose preschoolers to the many different cultures and traditions in our world and they will gain the important skills of understanding, empathy and social responsibility.

 Explore with your preschooler the different cultures that make up our world. Across the province and all year round, you can find pow wows, museums, outdoor concerts, theatre, festivals and more. • See Manitoba's calendar of cultural events at: www.travelmanitoba.com or phone the Multiculturalism Secretariat at 204-945-5632.





Creative Play

Creative play is a natural environment for learning. Children's books, fridge magnet letters and numbers and building blocks help your preschooler develop literacy and numeracy skills, while having fun!

 Provide preschoolers with safe tools and spaces for them to build, create and use their imagination. You don't need to spend money on expensive toys, the things you have around the house work great. You can use household items like pots and pans, plastic containers, small tins, wooden spoons, cushions, etc. – all make great building toys for creative play.

- Encourage your preschooler to play dress-up. Garage sales are great places to find costumes and dress-up clothes.
- Encourage preschoolers to play 'teacher' with their favourite books and a 'classroom' of stuffed toys or dolls.
- Bake cookies, muffins or bannock together. Let your preschooler help measure out the ingredients with you to learn numeracy skills.





Outdoor Play

A child gains so much from outdoor free play. Organized activities are important, but so is outdoor play. And it's free!

- Always supervise your preschooler to make sure they don't wander away, and that they're safe, but give them some freedom to explore these safe places.
- Spring is a time of bloom. Plant a garden with your preschooler. So much about nature can be learned by helping you plant seeds and watching them grow and bloom. If you live in an apartment, windowsill gardens are lots of fun!
- Summer and autumn are great times for exploring nature with your preschooler. Walk around your neighbourhood, play in the sand, take nature walks, look for 'treasure,' build an inukshuk, jump in the leaves.
- Winter may be a tempting time to stay indoors, but it is a great time for outdoor free play – and the more you move, the warmer you stay! Build a snow fort, a quinzhee, or snowperson. Or try tobogganing, snowshoeing or skating.



Family and Community

As a parent, you are your child's first teacher, but relationships with family members, elders, neighbours and other children provide your preschooler with experiences to learn from others.

- Family visits provide you with the support you need as a parent and provide your preschooler with opportunities to play with other children and family members.
- Parent-child play groups provide great opportunities to meet other parents and provide your preschooler with time to play with other children.





TV Tips

Research shows that children under two years old should have no screen time (TV, videos, video games). The first two years of a child's life are a critical time for brain development, and TV, videos and video games get in the way of exploring, learning and playing with other children, parents and family members.

- Know what your preschooler is watching choose certain stations that don't play commercials during children's programs, and select children's videos and games that are educational as well as entertaining.
- Watch your preschooler's favourite show together – talk together about the show and build your child's communication skills.

- Use your preschooler's favourite TV character to your advantage – find books or puzzles based on their favourite characters to get them interested in reading and learning.
- Don't let your preschooler watch adult programs (newscasts, crime dramas, soap operas). Research shows that children might actually be absorbing these scenes. Watch adult programs when infants and young children are not around or have gone to bed.





Quality Time

The most important thing you can do as a parent is to create quality time between you and your preschooler. Quality time means giving your child your full attention – talking with them, showing interest in their stories and showing them how much you love them. Quality time is fun for both of you; it's a natural way of teaching children the skills they need for school.

Life is busy, and some days it may feel like a struggle to set aside quality time with your preschooler. But don't worry – quality time with your child can happen anywhere, anytime.

 In the car, on a walk or on the bus, sing songs together, count, talk about what you see in your neighbourhood or play the game I Spy.

- Meal time whether making dinner together or eating together mealtime is a great time to talk with preschoolers. Ask questions about their day, listen and focus your attention on them as they tell you their stories.
- Bath time is a special time to connect and relax as they play in the tub. Praise them for something they learned that day and tell them how much you love them.
- At bed time cuddle, read or sing with preschoolers, and end the day in a happy and positive way.





Taking Care of Yourself

Parenting is the most rewarding job you'll ever know, but it also comes with many challenges and pressures. To be the best parent you can be, you must take care of yourself.

- Slow down too many structured activities for your child will wear you both out.
 Play at home is just as important for children's development.
- Take time for yourself sleep, regular exercise and healthy eating are essential to your health, and these healthy habits are important to model for your child.

 Find support - all parents can benefit from parenting support networks and programs, and there are many to choose from to best suit your needs. To find out more about the programs being offered in your community visit: www.gov.mb.ca/healthychild/ parentchild





Is my preschooler ready for Kindergarten?

Being ready for Kindergarten involves more than literacy skills. Your preschooler will need skills in all areas of development for the best start to school.

Physical skills include:

- holding and using a pen, crayons, scissors
- climbing stairs independently
- using the washroom independently
- putting on and taking off outdoor clothing and shoes

Social and emotional skills include:

- usually getting along with other children
- helping and sharing with others
- following rules and short two-step instructions
- learning to take turns
- showing curiousity about new ideas

Literacy and numeracy skills include:

- showing interest in books and pictures
- recognizing some letters like those on a stop sign or in their own name
- beginning to print their own name
- showing interest in numbers and counting
- understanding simple time concepts such as yesterday, today and tomorrow

Communication skills include:

- showing interest and curiousity about the world
- asking questions about what they see
- taking part in imaginative play
- listening to and telling stories
- asking for help



Are We Ready?

Research tells us that children who begin school ready to learn will have future successes in learning throughout their lives. But how do we help children get this best start to school? The answer is what societies have known for generations – it takes a village to raise a child.

Ready parents and families, ready communities and schools and ready governments and leaders, working

together, will promote the best possible outcomes for Manitoba's children.

And through the Early Development Instrument (EDI) – Manitoba's method for measuring the readiness for school of children as they transition from Kindergarten to grade one – we can tell how ready we are in supporting our next generation. For information on Manitoba's EDI results, visit: www.gov.mb.ca/healthychild/edi

READY PARENTS AND FAMILIES

READY COMMUNITIES AND SCHOOLS

READY GOVERNMENTS AND LEADERS

= READY CHILDREN

HEALTHY CHILD MANITOBA

3rd fl - 332 Bannatyne Avenue Winnipeg, Manitoba R3A oE2 Phone: 204-945-2266

Toll free: 1-888-848-0140 Fax: 204-948-2585

E-mail: healthychild@gov.mb.ca

manitoba.ca/healthychild



